Allegro® System

BUILD YOUR PROGRAM AT YOUR SPEED



balanced body®

The Allegro® Reformer built its reputation on performance and versatility. As your Pilates program grows, so can the Allegro. Add legs, a Tower and accessories, without giving up any additional space! Designed for commercial fitness and rehabilitation use, and also great for home workouts.

FITS ALL BODY SHAPES AND SIZES

- Secure footbar –one step horizontal adjustments with no change in height
- Shoulder rests quickly adjust or remove
- Rope system is quiet and easy to adjust
- For large and tall users, try the Stretch Allegro – it's 18" longer with an oversized Carriage

EXPANDABLE WHEN YOU'RE READY ADD A TOWER OF POWER

- 95% of the full Trapeze Table functionality
- Mat work on either side of the Tower
- Integrated Tower exercises with the Reformer's carriage
- Easy storage – Tower removes quickly from Reformer if needed
- 8 springs for arm and leg exercises
- Different resistance angles, with 25 spring attachment points

EASY TO USE, MOVE AND STORE

- Sets up in 60 seconds – really! And at just 104 lbs., it's easy to move and store.
- Allegro Reformer (Standard or with legs) stacks or stores vertically.





ADD A F.I.T. KIT®

- A unique, adjustable high riser so you can work from both sides of the Tower
- Improved ability to train effective, functional movement patterns with a full range of resistance for all body positions

Versatile. Durable. Expandable.

Allegro® Reformer system grows as you do.



ADD LEGS

» Comfortable working height for personal training
» Easy on and off

ADD A MAT CONVERSION SYSTEM

» Mat quickly installs on the Reformer frame for Tower work

ALLEGRO® SYSTEM OPTIONS

Allegro Reformer–Standard

Allegro Reformer with 14" legs

Allegro Reformer–Stretch

Allegro Reformer–Stretch with 14" legs

Complete Allegro System (Allegro, Tower and mat)



ALLEGRO TOWER OF POWER®

Tower of Power

Tower of Power plus Mat Conversion

F.I.T Kit®

MORE ACCESSORIES, MORE PROGRAMMING OPTIONS

14" (36cm) Leg Retrofit Kit

Sitting Box

Padded Foot Plate

Add-A-Platform™

Jumpboard Rotator Discs, pair, 9" (23kg), heavy or light resistance

Jumpboard Rotator Discs, pair, 9" (23kg), no resistance





10 year limited warranty. 30-day money back guarantee. **Specifications:** Standard Allegro: Height, 6.75" (17cm); Length, 93" (236cm); Carriage width, 22.5" (57cm); Footbar width, 36" (91cm); Weight, 104 lbs. (48kg). Stretch Allegro [designed for users taller than 6'4" (195cm)], with wider and longer carriage: Height, 6.75" (17cm); Length, 111" (282cm); Carriage width, 24.5" (62cm); Footbar width, 36" (91cm); Weight: 123 lbs. (56kg). Tower height, 68" (173cm); Weight of tower with springs, 29.5 lbs. (13.4 kg). Weight of complete Allegro Tower of Power (Reformer and Tower), 134 lbs. (60.9 kg). NOTE: Some older Allegros have pulleys that cannot be unscrewed from the eyebolt. Call Balanced Body for a new riser kit (#950-147) if your Allegro was purchased prior to June 2004. 51 custom upholstery colors available.



©2014 Balanced Body Inc. All rights reserved. 04.25.19

balanced body®

Contact Us
1-800-PILATES | +1-916-388-2838
www.pilates.com | info@pilates.com